

South Placer Fire District

Fire Prevention Division

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Residential Care Facilities Guideline

For six or fewer non-ambulatory or bedridden clients



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Residential Care Facilities Guideline

South Placer Fire District

PURPOSE:

The following guideline is intended to facilitate compliance with the appropriate requirements for residentially based care facilities. Regulations regarding residentially based care facilities are found in the California Code of Regulations (CCR), Title 19, as well as the 2019 California Fire Code (CFC) and California Building Code (CBC).

SCOPE:

This guideline is intended to provide the minimum requirements necessary for review and approval of care facilities licensed by the Department of Social Services to house six or fewer non-ambulatory or bedridden clients in a single-family residence located within the jurisdiction of the South Placer Fire District.

This document does not include all regulations that may apply to residentially based care facilities—it is only intended to provide guidance on issues and questions commonly encountered during fire clearance inspections.

SUBMITTAL REQUIREMENTS:

Department of Social Services (DSS) Form STD 850 must be forwarded to the South Placer Fire District (SPFD) from DSS prior to scheduling your fire clearance inspection. Upon completion of the inspection, the 850 form will be completed and returned to DSS by SPFD. Please be aware that a fee will be charged for the fire clearance if a reinspection is necessary. Please review this guideline thoroughly and complete Attachment 3 prior to your inspection to facilitate a fire clearance sign-off by SPFD.

A Fire clearance from SPFD does not constitute approval from other agencies that may have jurisdiction over this facility. Contact the Placer County Building and Planning departments regarding their zoning, construction, and permit requirements. Obtain applicable permits from the Placer County Building Department for all structural and electrical additions or changes made to the residence.

GENERAL REQUIREMENTS:

Residentially based care facilities shall comply with the requirements listed below:

- **Smoke Alarms/Detectors:** Smoke alarms are required in all habitable areas of the dwelling such as bedrooms, living rooms, dining rooms, hallways, foyers, basements, and similar spaces. Alarms are not required in kitchens, bathrooms, closets, garages, and unfinished attics or crawlspaces. Smoke alarm devices shall be installed in accordance with the manufacturer's published guidelines/instructions. (CBC 907.2.10.2, 907.2.11.8)

All alarm devices must be interconnected to each other, physically or wirelessly, so that when one activates, they all sound an alarm simultaneously. When activated, smoke alarms shall be clearly audible throughout the home. (CFC 907.2.10.5)

In new construction and where existing homes are converted into residential care facilities, Smoke alarms shall be hardwired to the home's primary power supply and be equipped with a

battery back-up. They shall not be on a circuit with a shut-off switch other than that required for overcurrent protection. Any electrical work to the residence shall be approved by the Placer County Building Department. *(CFC 907.2.10.6)*

Smoke alarms shall be UL listed and California State Fire Marshal approved and shall be tested and maintained in accordance with the manufacturer's instructions. Smoke alarms that no longer function and/or are older than ten years shall be replaced; replace the device if a manufacturer's date cannot be found. *(CFC 907.2.10)*

- **Carbon Monoxide Detectors/Alarms:** Carbon monoxide (CO) detection is required in dwellings with gas or wood-burning fireplaces, gas or fuel-oil forced air furnaces, or in homes with an attached garage where there is a door, duct, or other opening between the garage and the rest of the home.

Devices shall be provided in the following locations:

1. In the room or space leading to each separate bedroom/sleeping area in the home (for example, in the hallway serving one or more bedrooms)
2. On every occupiable level, including basements
3. In every bedroom or sleeping area where there is a fireplace or other fuel-burning appliance located within the space or an attached bathroom.

CO devices shall be hardwired to the home's electrical system and shall have battery back-up. All CO devices shall be interconnected, either physically or wirelessly, so that if one activates, they all sound an alarm simultaneously.

Exception: Battery operated devices are permitted in homes built prior to January 1, 2011 if any work done on the home does not result in exposure of the structure in the areas where devices are required.

Install CO devices in accordance with the manufacturer's instructions. CO devices shall be UL listed and State Fire Marshal approved. Combination smoke and carbon monoxide detectors are permissible. Any electrical work to the residence shall be approved by the Placer County Building Department. *(CBC 915)*

- **General Exiting:** There shall be a minimum of two approved exits from the dwelling that are remotely located from each other. Exit doors serving clients shall be at least 6 feet 8 inches in height with at least 32 inches of clearance when opened at a 90-degree angle. *(CBC 1010.1.1, 435.8.3)*

Hallways serving clients shall not be less than 36 inches wide. Exit paths both inside and outside the home shall be maintained clear with no furniture, equipment, storage, or other obstructions that could hinder immediate use. *(CBC Table 1020.2, 1005.7, 1003.6)*

The exit path from common spaces serving clients to an exterior exit door shall not pass through more than one intervening room, nor shall it pass through storerooms, closets, garages, or spaces used for similar purposes. The egress path shall not pass through kitchens where building construction separates the kitchen from other rooms. *(CBC 435.8.3.4)*

All lockable doors and gates along the paths of exit travel shall be equipped with hardware that does not require any special effort or knowledge, nor require the use of a key or other tool, to operate in the direction of exit travel. Where the total occupant load of the facility (clients, staff, caretakers, and other individuals normally working or residing at the home) is greater than 10, operation of the primary doorknob shall also simultaneously unlock the dead bolt. (CBC 435.8.3, 1010.1.9)

- **Exiting from Client Rooms in a Sprinklered Home:** Bedrooms serving bedridden or non-ambulatory clients shall be provided with an exit path that conforms to at least one of the following:
 1. From the client's bedroom directly to the exterior.
 2. From the client's bedroom into an adjacent bedroom, then directly to the exterior
 3. From the client's bedroom into a hallway, then directly to the exterior.
 4. From the client's bedroom into a hallway, then into another client's bedroom, then directly to the exterior

Where a hallway serves as part of the exit path; as in conditions 3 and 4 above, the hallway shall be separated from other parts of the home such as living and dining rooms, kitchens, foyers, and other similar spaces by a solid wall consistent with the construction of other interior walls in the dwelling. The doorway through this wall shall be protected with a solid wood door that is at least 1-3/8 inches thick. The door shall be self-closing or shall close automatically upon activation of a smoke detector. See Attachment 2. (CBC 435.8.3.2)

Bedrooms serving non-ambulatory bedridden clients shall be located on the first floor only. (CBC 435.3.2)

- **Exiting from Client Rooms in an Unsprinklered Home:** Where the home is not protected by a fire sprinkler system, exiting requirements are different for non-ambulatory and bedridden clients.

Non-ambulatory clients: Bedrooms serving non-ambulatory clients shall be provided with an exit path that conforms to at least one of the following:

1. From the client's bedroom directly to the exterior.
2. From the client's bedroom into an adjacent bedroom, then directly to the exterior
3. From the client's bedroom into a hallway, then directly to the exterior.
4. From the client's bedroom into a hallway, then into another client's bedroom, then to the exterior

Where a hallway serves as part of the exit path, as in conditions 3 and 4 above, the hallway shall be separated from other parts of the home such as living and dining rooms, kitchens, foyers, and other similar spaces by solid walls consistent with the construction of other interior walls in the dwelling; the doorway through this wall shall be protected with a solid wood door that is at least 1-3/8 inches thick. The door shall be

self-closing or shall close automatically upon activation of a smoke detector. See Attachment 2. (CBC 435.8.3.2)

Bedridden clients: Only a single bedridden client can be housed in a non-sprinklered home. That bedroom shall be provided with all the following:

1. A direct exit to the exterior of the home.
2. Doors to the room shall be 1-3/8" thick solid wood.
3. Door openings shall be provided with a gasket along the jamb on both sides and at the top to inhibit the passage of smoke.
4. Doors to the room shall be self-closing or shall close automatically upon activation of a smoke detector.
5. Doors leading to other interior spaces such as hallways, living or dining spaces, or similar general use areas of the home shall not be provided with a night latch, dead bolt, security chain, or any similar locking device
6. The exterior exit door in a bedridden client's bedroom shall be operable from both the interior and exterior of the home.
7. The door shall provide at least 32 inches of clear width with the door open at 90 degrees.
8. The bedroom shall be located on the first story. (CBC 435.8.3.3)
9. Bedridden client sleeping rooms shall not be located above or below the first story. See Attachment 2. (CBC435.3.2)

Other Requirements:

1. Provide a minimum of (4) four-inch address numbers that contrast with their background. Address numbers are required to be attached to the structure and visible from the street. (CFC 505.1)
2. Provide a fire extinguisher with a minimum classification/rating of 2A:10B: C. The extinguisher is required to be securely attached to a wall in a visible and readily accessible location with the top of the extinguisher mounted no more than 5 feet above finished floor level. A current annual service tag is required to be attached to the fire extinguisher or, if the extinguisher was purchased within the last year, proof of purchase date is required. Please review the manufacturer's guidelines for additional requirements and instructions on how to use the extinguisher. (CBC 906.1 item 7, 906.9)
3. Maintain combustible storage clearance around water heaters as per manufacturer's specifications. Clearance shall not be less than 36 inches. (CFC 305.1)
4. All fire and smoke rated construction separating the garage and the dwelling must be maintained in good condition with no open penetrations. (CFC 703.1)
5. If the garage is attached to the dwelling unit, doors between the dwelling and the garage shall be equipped with a self-closing device and be positive latching. The door shall be either solid

wood or honeycomb-core steel door that is a minimum of 1-3/8 inches thick. A 20-minute rated door equipped with a smoke gasket is also acceptable. There shall be no openings from the garage into any of the sleeping areas. *(CBC 406.3.2.1)*

6. The garage shall not be used as living or sleeping quarters unless this conversion has been approved and permitted by the Placer County Building Department. *(CBC 105.1)*

7. Changes in elevation inside the home that are between 1/4 inch and 1/2 inch high shall be beveled at a slope not to exceed 1 unit in vertical distance for every 2 units in horizontal distance. Changes in interior elevation between 1/2 inch and 12 inches shall be accomplished by means of a ramp. *(CBC 435.8.5)*

8. All modifications to the structure, including electrical or mechanical systems, must be reviewed, inspected, and approved by the Placer County Building Department prior to scheduling a fire clearance inspection with SPFD. *(CBC 105.1)*

9. Evacuation signs shall be posted in locations where they will be readily visible to clients and care providers. The signs shall; at a minimum, include a floor plan showing the location of exits, and state "In case of emergency, dial 9-1-1." *(CCR Title 19)*

TEMPORARILY BEDRIDDEN CLIENTS:

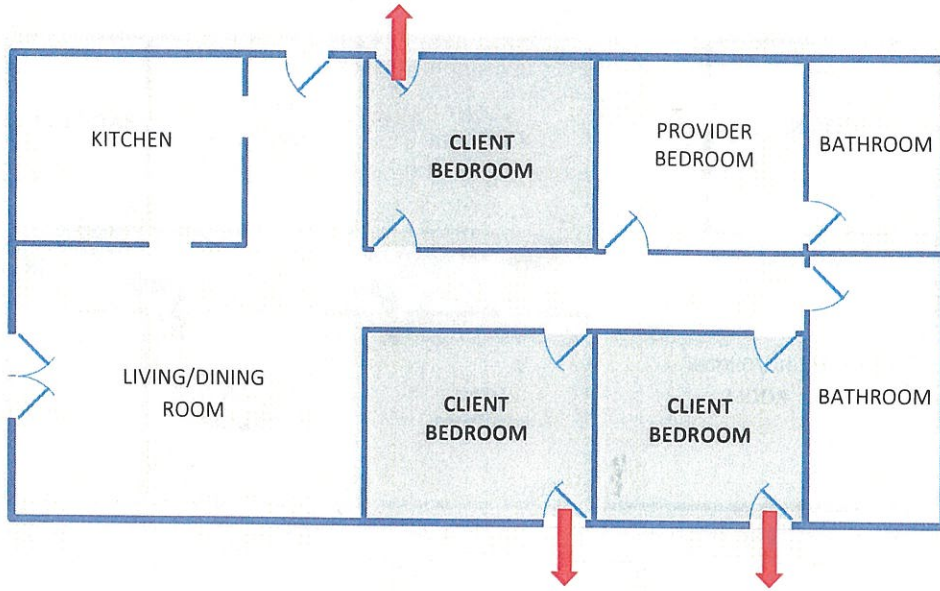
Clients who become temporarily bedridden may continue to be housed in a Residential Care Facilities for the Elderly (RCFE). Every RCFE admitting or retaining a bedridden resident shall, within 48 hours of the resident's admission or retention in the facility, notify the SPFD of the estimated length of time the resident will retain his or her bedridden status in the facility. *(CBC 435.3.2, CBC 435.10)*

- **See attachments on the following pages for additional information**

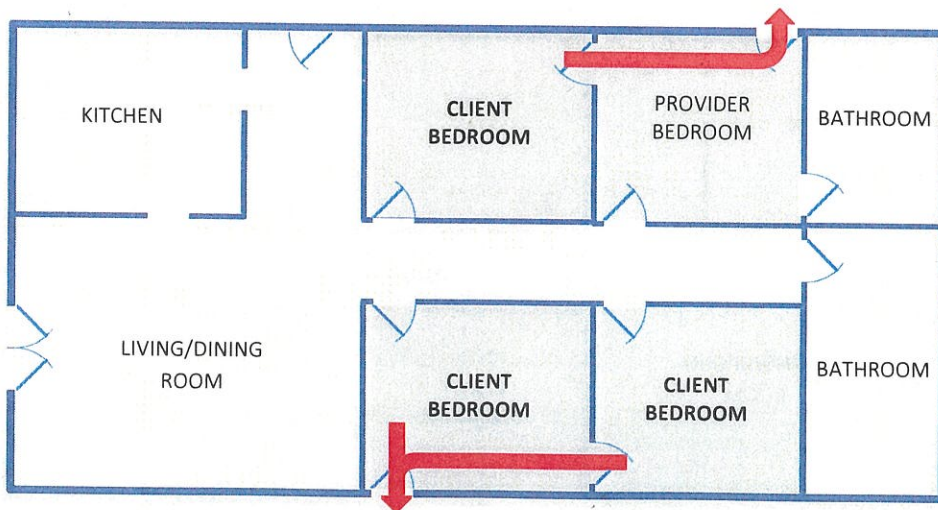
Attachment 2

Exiting Configurations for Client Bedrooms

Condition #1
Exit from Bedroom Directly to Exterior



Condition #2
Exit Through Adjacent Bedroom, then to Exterior

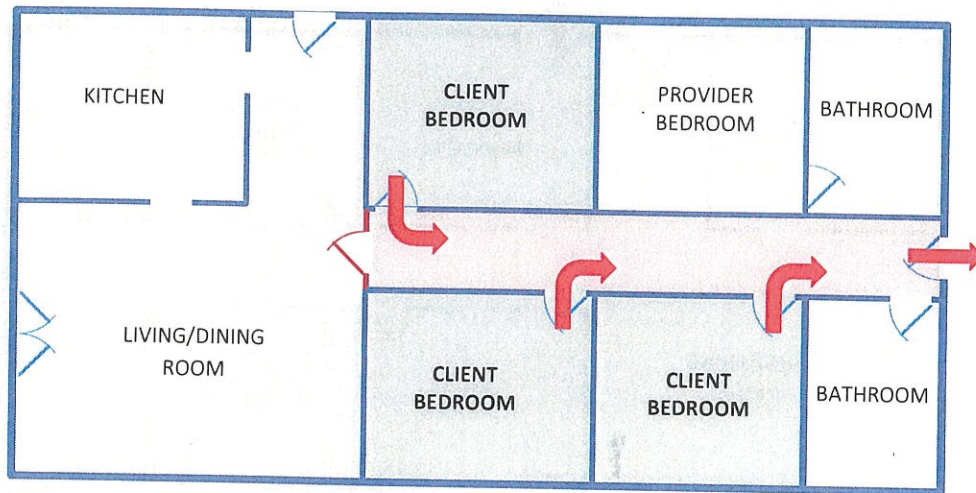


Attachment 2 (continued)

Condition #3

Exit from Bedroom into Hallway, then to Exterior

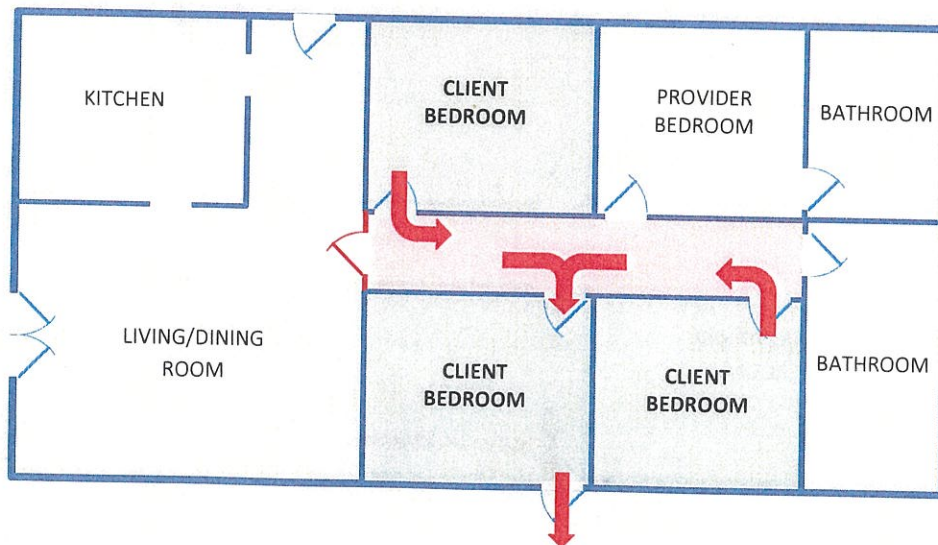
NOTE: When the hallway is part of the exit path, it must be separated from the rest of the home



Condition #4

Exit from Bedroom into Hallway, then to another Bedroom, then to Exterior

NOTE: When the hallway is part of the exit path, it must be separated from the rest of the home



Attachment 3 Business Owner Pre-inspection Checklist

Use this checklist in conjunction with this Guideline to prepare your home for a fire-clearance inspection by SPFD. As the design and use of individual homes can vary, this checklist is not all-inclusive and other requirements that are not included herein may apply.

GENERAL

- A Business License has been obtained from Placer County
- Any building modifications have been approved by the Placer Co. Building Department.
- Garage is not used for a living space unless approved as one by the Placer Co. Building Department
- Home has minimum 4" high address numbers clearly visible from the street
- No bedridden client rooms are located above or below the first floor.
- Non-ambulatory clients shall not use spaces above the first floor.

DETECTORS/ALARMS

- Smoke alarms are installed in all habitable spaces
- Smoke alarms are interconnected to each other
- Smoke alarms are hardwired with battery back-up
- Smoke alarms are audible throughout the residence
- Carbon monoxide alarms are installed and functional

EXITING

- Two exit paths from the home to the street are provided; exit paths are clear of obstructions
- Two exit doors from the interior of the home are remotely located from one another
- Each exit path serving common areas in the home goes through no more than one intervening space before reaching an exterior exit door
- Exit paths do not pass through or storerooms, closets, garages, or similar spaces
- Exit paths do not pass through the kitchen, unless the kitchen is completely open to adjoining room
- Keys are not required to open exit doors/gates in the direction of exit travel
- If there are more than 10 occupants, single action hardware is installed on all exit doors and gates
- All exit doors have minimum 32" clear opening width
- The exit path from each client room matches one of the four required configurations
- Basements and sleeping rooms have emergency escape/rescue openings
- Emergency escape/rescue openings that lead to the public way and are accessible to firefighters
- Bars/grills over emergency escape/rescue openings are openable from the inside
- Bedrooms serving non-ambulatory and bedridden clients shall be located on the first floor only

HALLWAY SEPARATION

- If the hallway is part of the exit path from client rooms, it is separated from the rest of the home
- The hallway separation door is self- or auto-closing
- The hallway separation door is solid-core and a minimum of 1-3/8" thick

BEDRIDDEN CLIENT IN UNSPRINKLERED HOME

- The bedroom door is self or auto-closing and has smoke seals
- The bedridden client's room has a direct exit to the exterior; door is operable from both the interior and exterior sides.
- Doors to the room shall be solid core and a minimum of 1-3/8 thick.
- Doors from the bedroom to other interior spaces do not have night latches, dead bolts, security chains, or any other similar locking device

FIRE EXTINGUISHERS

- 2A:10B:C fire extinguisher has been provided
- Extinguisher is new or has been serviced in the last year
- Extinguisher is mounted to the wall in a visible and accessible location

GENERAL FIRE SAFETY

- No combustibles are stored near water heaters or other sources of ignition (minimum 3' clearance)
- Door between the dwelling space and garage is in good condition
- Door between the dwelling space and garage is self-closing and latching
- Door between the dwelling space and garage is of proper type
- There are no dog-doors, windows, or openings other than an approved door and permitted ducting between the garage and dwelling space

CONCLUSION

- No violations noted at the time of inspection. 850 Clearance form will be signed.
- Re-inspection required – fee of \$175.00 is applicable and must be paid prior to re-inspection.

A re-inspection for any of the above items that are not checked off will be conducted in _____ days. Please have all violations corrected at the time of re-inspection. Your cooperation in this matter is greatly appreciated.

Fire Inspectors Signature and Date

- All violations are corrected

Fire Inspector Signature and Date